

Kids Connection Care and Education

Bagged Lunch Policy

Kids Connection Care and Education promotes the healthy development of all children, recognizing the importance of a balanced diet. Keeping with this requirement when bagged lunches are necessary, the responsibilities are as follows:

Parent and Guardian's Responsibilities

- The bagged lunch adheres to Canada's Food Guide.
- Lunch is provided in a labelled lunch bag with an ice pack.
- The lunch must be nutritious and well balanced. Please refrain from sending candy, pop and chocolate with your child.
- Inform staff of any allergies your child/ren may have.
- We promote a nut-free environment and we ask parents not to pack anything containing nuts in your child's lunch. Food that say "*may contain nuts*" is not allowed in your child's lunch.
- A catered individual lunch is available for purchase from "*Yummy Catering*" if you choose not to bring a bagged lunch.
- In the event that your child forgets to bring a lunch, an alternative lunch will be provided at an extra cost of \$6. All parents are required to sign and submit the attached bagged lunch policy.

Staff Responsibilities

- All table surfaces will be cleaned with a cleaning solution prior and after the children have their lunch. (The cleaning solution-A3)
- Staff will ensure they wash their hands before assisting children with their lunches.
- Staff will ensure children wash their hands prior to eating lunch.
- Staff will monitor lunches to ensure food arriving at the centre does not contain nuts nor has the warning sign "may contain nuts".
- An alternate lunch will be provided if a child forgets their lunch (sandwich, raw vegetables, fresh fruit and milk). A call to the parent or guardian will be made and the food served will be recorded in the log book.
- Staff will encourage children not to share lunches.
- Staff will supervise closely any child that has a life threatening allergy by sitting next to them or across from them during lunch time. Children with sensitive life threatening allergies will eat their lunch in a separate area away from the group.
- Staff will monitor each child's lunch and should a child's lunch consistently not adhere to Canada's Food Guide, then they will work with the parent to provide sample menus. Sample lunch ideas will be available at the centre to support families.

