



KIDS CONNECTION AUGUST CAMP 2017

the healthy choice™

Monday			Tuesday			Wednesday			Thursday			Friday		
31 Chicken Burger on a Whole Wheat Bun Mixed Vegetables Fresh Fruit			1 Whole Wheat Pasta and Beef Meat Sauce Veggies & Dip Fresh Fruit			2 Chicken Hot Dog Hot Mixed Veggies Whole Wheat Bun Fresh Fruit			3 Chicken Fingers Lemon Brown Rice Veggies & dip Fresh Fruit			4 Picnic Lunch (please select type of sandwich) Turkey <input type="checkbox"/> Cheese <input type="checkbox"/> Bologna <input type="checkbox"/> Roast Beef <input type="checkbox"/>		
REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG	Picnic lunch includes: sandwich, baby carrots, fruit, juice box		
7 CIVIC HOLIDAY			8 Chicken Kafta with Spinach & Feta Cheese Spanish Brown Rice Veggies & Dip Fresh Fruit			9 Beef Burger Whole Wheat Bun Hot Green Beans Fresh Fruit			10 Whole Wheat Pasta w/ Chicken Tomato Sauce Veggies & Dip Fresh Fruit			11 SA: Picnic Lunch (please select type of sandwich) Turkey <input type="checkbox"/> Cheese <input type="checkbox"/> Bologna <input type="checkbox"/> Roast Beef <input type="checkbox"/> FDK NO LUNCH		
			REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG			
14 Cheese Ravioli with Tomato Sauce Veggies & Dip Fresh Fruit			15 Beef Burgers on a Whole Wheat Bun Vegetable Blend Fresh Fruit			16 Chicken Meatballs in Tomato Sauce Whole Wheat Pasta Veggies & Dip Fresh Fruit			17 Chicken Hot Dog Hot Mixed Veggies Whole Wheat Bun Fresh Fruit			18 FDK: Picnic Lunch (please select type of sandwich) Turkey <input type="checkbox"/> Cheese <input type="checkbox"/> Bologna <input type="checkbox"/> Roast Beef <input type="checkbox"/> SA NO LUNCH		
REG	LRG	REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG				
21 Beef Meatballs w/ Gravy Brown Rice Veggies & Dip Fresh Fruit			22 Cheese Ravioli with Tomato Sauce Veggies & Dip Fresh Fruit			23 Chicken Strips Brown Rice Veggies & Dip Fresh Fruit			24 Beef Tacos W.W. Soft Tortilla Corn Niblets, Lettuce Fresh Fruit			25 SA: Picnic Lunch (please select type of sandwich) Turkey <input type="checkbox"/> Cheese <input type="checkbox"/> Bologna <input type="checkbox"/> Roast Beef <input type="checkbox"/> FDK NO LUNCH		
REG	VEG	LRG	REG	LRG	REG	VEG	LRG	REG	VEG	LRG				
28 Chicken Burger on a Whole Wheat Bun Mixed Vegetables Fresh Fruit			29 Whole Wheat Pasta and Beef Meat Sauce Veggies & Dip Fresh Fruit FDK NO LUNCH			30 Chicken Hot Dog Hot Mixed Veggies Whole Wheat Bun Fresh Fruit SA NO LUNCH			31 Chicken Fingers Lemon Brown Rice Veggies & dip Fresh Fruit			1 CLOSED		
REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG			

Circle the option for every meal chosen

Step 1: Check your meal selection. Step 2: Circle: Regular/Vegetarian/Large Size Step 3: Please Print! Fill in the child's information

First: _____ Last: _____ Phone: _____

FDK Camp Location: (Please Check): Carnegie Christ The King Black Walnut St. Monica

SCHOOL AGE Camp Location: (Please Check): Michaelle Jean Black Walnut

Step 4: Choice of Beverage with Meal: (Please Check): 100% Apple Juice 250ml OR White Milk 250ml

Step 5: Number of days x price per meal. _____ days x \$5.85/Regular Meal = _____ + _____ days x \$7.00/Large Meal = _____

Total: \$ _____. Make cheques payable to: **Yummy Catering Services Inc.** *Please inform us of any allergies*

Please take a photocopy, write down, or cut this portion off! My child ordered on (circle date):
31 1 2 3 4 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30 31