## KIDS CONNECTION



## **AUGUST CAMP 2024**

Monday			Tuesday			Wednesday			Thursday			Friday
CIVIC HOLIDAY			Beef Meatballs w/ Gravy Whole Wheat Bun Mixed Vegetables			Baked Chicken Strips Vegetable Barley Risotto (barley, corn, mushrooms, onions, peas)			8 Spinach & Cheese Stuffed Medallions with a Roasted Red Pepper Lentil Cream Sauce Veggies & Dip  REG LRG  FDK: Picnic Lunch (please select type of cold sandwich)			9 FDK: Picnic Lunch (please select type of cold sandwich)  Turkey
									Turkey Cheese Chicken Bologna **on sub bun*		ese 🗆	LUNCH NEEDED
			REG	VEG	LRG	REG		LRG	Picnic lunch includes: sandwich, cucumber slices, fruit, juice box			Picnic lunch includes: sandwich, baby carrots, fruit, juice box
(bell pep	Mein, Chi eggie Stir pers, cabbag er, chicken, o s, edamame,	fry e, carrots, chow mein	Rustic Summer Turkey Chili Whole Wheat Home-Style Bread			Chicken Meatballs with Tomato Sauce Vegetable Rotini Pasta Salad			Baked Chicken Strips Whole Wheat Pita Broccoli & Cauliflower		t Pita	16 Picnic Lunch (please select type of cold sandwich)  Turkey □ Cheese □ Chicken Bologna □  *on bagel*
REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG	REG	VEG	LRG	Picnic lunch includes: sandwich, baby carrots, fruit, juice box
Beef Meatballs with Tomato Sauce Vegetable Couscous (carrots, corn, couscous, leeks, peas)			Breaded Chicken Burger Whole Wheat Bun Mixed Vegetables			Tri Colour Cheese Tortellini with Rose Bean Sauce Veggies & Dip			Zesty Lemon Chicken Medley (broccoli, chicken, eggplant, onion, pepper strips, zucchini) Brown Rice			NO LUNCH NEEDED
REG		LRG	REG		LRG	REG	VEG	LRG	REG	VEG	LRG	
Chicken Vegetable Teriyaki Brown Rice			Chicken Mac & Cheese Veggies & Dip			NO LUNCH NEEDED			Tri Colour Cheese Tortellini with Lentil Tomato Sauce Veggies & Dip			CLOSED
REG	VEG	LRG	REG	VEG	LRG				REG		LRG	
Circle the option for every meal chosen ***All meals come with a Fresh Fruit and a 100% Apple Juice box***  Step 1: Check your meal selection. Step 2: Circle: Regular/Vegetarian/Large Size Step 3: Please Print! Fill in the childs' information												

 $\label{thm:precision} \textbf{Please take a photocopy, write down, or cut this portion off! \ My child ordered on (circle date):}$ 

6 7 8 9 12 13 14 15 16 19 20 21 22 26 27 29

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